Amendments To The Claims:

This listing of claims will replace all prior claim lists in this application.

Listing of Claims:

- 1. (Currently amended) A plated magnetic film comprising Co and Fe, wherein the plated magnetic film comprises a columnar crystal crystals extending in a film thickness direction, wherein a plurality of the columnar crystals are provided side by side in a film surface direction with grain boundaries extending in the film thickness direction therebetween.
 - 2. (Cancelled)
- 3. (Original) The magnetic film according to Claim 1, wherein a compositional ratio of Fe is 50% to 85% by weight.
- 4. (Original) The magnetic film according to Claim 1, wherein a compositional ratio of Fe is 50% to 81.5% by weight.
- 5. (Original) The magnetic film according to Claim 1, wherein a compositional ratio of the Fe is 60% to 72% by weight.
- 6. (Original) The magnetic film according to Claim 1, wherein an average crystal particle diameter of the plated magnetic film is 200 angstroms or less.
- 7. (Original) The magnetic film according to Claim 1, wherein a center line average roughness Ra of a film surface of the plated magnetic film is 2.5 nm or less.
- 8. (Currently amended) A thin film magnetic head comprising a lower core layer, an upper core layer and a magnetic pole portion located between the lower core layer and the upper core layer, wherein the magnetic pole portion has a width dimension in a track-width direction less than that of the lower core layer and the upper core layer,

wherein the magnetic pole portion comprises one of <u>a</u>) a lower magnetic pole layer <u>adjacent</u> succeeding the lower core layer and a gap layer located between the lower magnetic pole layer and the upper magnetic pole layer, or b) an upper magnetic pole layer <u>adjacent</u> succeeding the upper magnetic pole layer, or b) an upper magnetic pole layer <u>adjacent</u> succeeding the upper core layer and a gap layer located between the upper magnetic pole layer and the lower core layer,

wherein one or both of the upper magnetic pole layer and the lower magnetic pole layer comprises a plated <u>magnetic</u> film comprising Co and Fe, and wherein the plated <u>magnetic</u> film further comprises a columnar crystal <u>crystals</u> extending in a film thickness direction, <u>and</u>

wherein a plurality of the columnar crystals are provided side by side in a film surface direction with grain boundaries extending in the film thickness direction therebetween.

- 9. (New) The plated magnetic film according to Claim 8, wherein an average crystal particle diameter of the plated magnetic film is 200 angstroms or less.
- 10. (New) The plated magnetic film according to Claim 8, wherein a center line average roughness Ra of a film surface of the plated magnetic film is 2.5 nm or less.
- 11. (New) The plated magnetic film of claim 8, wherein the columnar crystals comprise a succession of plated microcrystals.
- 12. (New) The plated magnetic film of claim 8, wherein the plated magnetic film comprises an organic acid-plated magnetic film.
- 13. (New) The plated magnetic film of claim 12, wherein the organic acid comprises malonic acid.
- 14. (New) The plated magnetic film of claim 12, wherein the organic acid comprises one of oxalic acid, succinic acid, maleic acid, and tartaric acid.

- 15. (New) The plated magnetic film of claim 12, wherein a substantial portion of the Fe in the organic acid-plated magnetic film comprises Fe having a +2 oxidation state.
- 16. (New) The plated magnetic film of claim 8, wherein the plated magnetic film comprises a substantially sulfur-free, electro-plated magnetic film.
- 17. (New) The plated magnetic film of claim 16, wherein the substantially sulfur-free, electro-plated magnetic film comprises a pulse-current induced array of successive overlying plated microcrystal layers.
- 18. (New) The plated magnetic film of claim 8, wherein the columnar crystals comprise overlying plated microcrystal layers.
- 19. (New) The plated magnetic film of claim 18, wherein the columnar crystals in the overlying plated microcrystal layers are positioned between grain boundaries of the plated magnetic film.